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Sent: Thursday, December 21, 2006 9:06 AM

To: DOH WSBOH

Subject: please implement trans fat ban in Washington State

Please do not hesitate to take the necessary measures to implement a ban of trans fat foods served in all restaurants, bars and public places similar to what New York City has done. An immediate ban of cooking oils, followed by a total ban one year later would be wonderful. New York may have snagged the honor of being the first major city to protect its residents, but Washington can be the first to implement this healthful measure statewide and serve as a leading role model for other states. The bounty of healthful agricultural, ranching and fishing products of Washington State need not be contaminated with these unhealthful fats.

It can be done, it should be done.

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individual consumer/owner of a human heart

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